

Patient Testimonials

REAL PATIENTS WITH REAL PROBLEMS JUST LIKE YOURS.

ALL HELPED WITH CHIROPRACTIC, READ THEIR STORIES BELOW!

"I had heard about chiropractic over the years, however never had been to see one. When I was diagnosed with a large herniated disc in my lumbar spine and my family doctor said I needed surgery. I was shocked and scared, however the pain was so severe that I was willing to do anything to get rid of it. A friend of mine was a patient of Dr. Vernon and suggested I see him, my family doctor thought I was crazy and said that I needed surgery right away, there were no two ways about it. I instead choose to see Dr. Vernon, my family doctor fought me tooth and nail about issuing me a referral. After 1 week the pain was 50%-70% less, after 1 month I was pain free. I have since toured Europe, doing an unbelievable amount of walking, climbing, and touring, all without an episode of back pain. I see Dr. Vernon on a regular bases to maintain my general health as well as spinal health and have recently started a program of chiropractic correction for my neck."

Randy Brenner, Special Education Teacher

Cherry Hill, NJ

"As a musician I would have to carry equipment up and down stairs. On one occasion while carrying my equipment I felt a sudden snap in my back, then developed the most excruciating pain I have ever felt in my life. The pain went right down my leg and over the next 2 weeks I developed weakness in my right foot. I saw my family physician who after seeing my MRI was sure I would need surgery. I was told by my mother who was a patient of Dr. Vernon that I should see him before I did anything drastic. When I saw Dr. Vernon he explained my MRI to me, which showed I had a very large herniated disc that was pressing on my spinal cord. Dr. Vernon indicated to me that he thought he could help me and although skeptical I was willing to try anything in order to avoid surgery. After 6 weeks of chiropractic care from Dr. Vernon I was pain free and about 3 months later the strength in my right foot returned.

I can't say enough about Dr. Vernon; it is only because of

him that I am able to function normally today.”

Billy D. Light Computer Engineer

“After my car accident I really didn’t think I was very seriously injured, but a few weeks later my back and neck pain became so severe I couldn’t work. My family doctor referred me to Dr. Vernon, who after examining me and ordering MRI’s found that I had herniated discs in my neck and low back. His professional care both in regards to my medical condition as well as his knowledge of the legal system were invaluable. Had it not been for Dr. Vernon’s clinical expertise, I would have not realized the severity of my injuries and would have signed a release with the insurance company for about \$500, instead of the mid 5-figure settlement I eventually received.”

Frank Rivers, Slaesman

Willingboro, NJ

“My free time has always been spent weight lifting. I am someone who is rather obsessed with the activity, and when I herniated 2 discs in my back I was devastated that I could no longer go to the gym. The pain was unbelievable both in my back and down my legs. My family doctor sent me for physical therapy, which did nothing at all; it was at this point that my doctor thought I would need surgery. I asked him about chiropractic and he said he had an open mind and he referred me to Dr. Vernon. I won’t bore you with details, I just want to say that within 4 weeks I was back in the gym and the subject of surgery has never come up again.”

Bill Hildebrandt, Manufacturing Plant Supervisor

"I had been a chiropractic patient on and off for many years. I always thought that chiropractic was for neck and back pain. That was until Dr. Vernon explained how the nervous system works and how every chemical producing gland and organ in the body is controlled by the nervous system. I explained to Dr. Vernon that I was having trouble getting pregnant and that I was concerned about the long-term effects of all the hormone injections I was taking. I asked Dr. Vernon if he thought chiropractic could help. He told me about a number of studies that had been published in scientific journals, which indicated that chiropractic could be beneficial in the treatment of infertility, and that an increasing number of OB/GYN doctors were sending their infertility patients to chiropractors before beginning hormone therapy. Dr. Vernon performed a thermal scan of my spine, he explained how this was an indicator of how my nervous system was functioning, or in my case malfunctioning. He then began a series of chiropractic adjustments, and as they say the rest of the story is 5 weeks later I am pregnant."

Rodica Paolillo, Homemaker

Moorestown, NJ

I was diagnosed with a painful bladder syndrome called interstitial cystitis. This diagnosis is made when no obvious pathology can be found. Most patients are treated symptomatically and often with antibiotic therapy, even though there are no bacteria present to cause the problem. I underwent an anesthetic cocktail, which is a combination of pain killing drugs mixed together and put into the bladder via a catheter. Not the most pleasant of procedures, however given the pain of the condition a procedure I was willing to undergo. After 1 month of no relief I saw Dr. Vernon, he explained the body and the nervous system, and how an interference in the nervous system by bones being out of place, what he called subluxations could cause my bladder to spasm up just like a muscle in my leg or arm. He told me that this spasm in the bladder could cause severe pain. After just 1 week of adjustments, I no longer need the pain medications, 2 weeks after starting care my normal bladder function returned; I thought it was a miracle. Dr. Vernon said it was not; the miracle he said is the human body and when it is free of nerve interference how it can fight any illness. I personally still call it my miracle.

Sandra Lovett

Voorhees, NJ

“When I was involved in my car accident I really didn’t think I was hurt, it wasn’t until about one week after the accident that my pain became increasingly severe. A friend recommended I see Dr. Vernon for an evaluation, and even though I was told there was nothing wrong by the hospital doctor, there were in fact structural changes in my spine, which Dr. Vernon explained could be causing my pain as well as cause additional problems in the future. My knowledge as an athlete and a coach made it easy to understand how my structural problems could affect my overall function. I would highly recommend Dr. Vernon to anyone who has a health concern.”

Ray Rhodes

Former Head Coach Philadelphia Eagles